



From the Executive Director

Happy August, Downtowners! Since our last newsletter we've welcomed a few new members to the community: Thomas Santosusso, Marty Barber, Cynthia Minnich, Molly McKitterick, and Allan Eustis.

The strength of our organization is how it expands our individual capacity to connect to one another and connect to shared knowledge. Neighbor Groups and our events offer in-person opportunities for connection. Here are two other ways to share with fellow Downtowners:

1. DTConnect -- You may have recently been alerted to an Amtrak discount or heard of an event in or around our city via email. Any member of the Downtowners has the ability to send out such information to the group. Using the email account you registered for Downtowners with, simply email your message to dtcommunity@lanasterdowntowners.org. Your message will go out to all members. This can be used to pass along information about events, send a general invite, or ask questions that other Downtowners may have expertise in. When you reply to one of these messages you have the option to 'Reply' to just the sender or 'Reply All' to the whole community.
2. Sharing your favorite skilled providers -- The Resource Committee is hard at work updating our Service Provider Directory into an easily searchable listing on our website, complete with easy to read reviews from other Downtowners and direct links to businesses websites. We're also including tips on utilizing community resources - like how to ride free on the city bus and where you can find a free water aerobics class. If you have a provider to recommend, please share it with me, or one of the other Committee Members who are listed on our website. We will regularly ask for suggestions for specific categories, and hope you'll share your feedback!



Melissa Ressler
Executive Director

From Your Reporter...

Summertime...

I hope everyone is having a great summer making memories thru travel and visits with friends and family. Ellen and I took several long weekends to catch up with family in Ohio and friends in Canada. It's always good to get away, leaving the every day routine behind and experiencing a change of pace.

Downtowners Committees continued to be active during the summer. The Fundraising Committee is now focusing on our second year participating in the Extraordinary Give in November, as well as reaching out to potential new sponsors in the community and building relationships with existing ones.

The Membership Committee continues to talk about ways to build our organization by getting the word out in the community and visiting with new members to welcome them. There was an opportunity on two occasions to experiment having a Downtowners presence at the Square on Market day as well as at Musser Park. The Committee also decided to have T-shirts made and they are currently sold out. Moving forward, we'd always look forward to Downtowners being willing to volunteer to do some time at a scheduled event.

The PR/Marketing Committee is working on creating a new brochure with a new "tag line" which will better represent who the Downtowners are. Many Downtowners showed up for a photo op outside of Market proudly wearing their Downtowners T-shirts. It's is going to be a popular picture you'll see around for a while. We also continue to create a newsletter to be proud of as an important marketing tool.

Our Executive Director Melissa has arranged for us to have a presence at a special Celebrity Bartender Event at Max's on King St Wednesday August 21st from 5-8 pm. Come out to support the Downtowners by giving bartenders Pat Collier, Carole Kirchner and Andy Berfond the opportunity to fix you a drink.

At the final wrap up meeting of the Fete D'Or Committee, we gave ourselves a collective pat on the back for a job well done and talked about when our next event should be. The Fete D'Or at Ware Center will be a hard act to follow. The feedback we received was great and for the Downtowners who attended, a question by some folks was, when are you planning your next event?

I'm including with this article a picture of Ellen and I on summer vacation. Perhaps some of you will consider sending me a picture of a memorable moment from your summer and then for our next newsletter we can share our "Downtowners Out of Town" experiences. You might even get a bonus Facebook post.

(aberfond@comcast.net)

—ANDY BERFOND

Lancaster Downtowners



This newsletter is a monthly publication of Lancaster Downtowners, a network of people who share a common passion for downtown Lancaster as the community of choice for their retirement years.

John Kanagy,
Editor-in Chief
Andrew Berfond, Editor
Michael Eby-Good,
Graphic Designer

118 N Water Street
Suite 103
Lancaster, PA 17603

TEL 717-584-1224

www.lancasterdowntowners.org

Around Town

The West Side of the City

Coming into the city on Columbia Ave traveling east, Custom Plumbing and Heating put a welcome to the city sign on the side of their building.

As many of you know, I live on the western edge of the city at the Clock Towers Condominiums in the former Hamilton Watch Factory. The conversion of that building to residences took place about twenty years ago. Ellen and I moved to Lancaster four years ago this July.

While we did not move here from our Jersey Shore home without doing our research, I am amazed at the continuous growth the city is experiencing in all directions. It was a deciding factor for us to come here since we were determined to move to a small, vibrant and forward thinking city. We hit the jackpot.

The western gateway to Lancaster continues to see some interesting new additions joining the other already established businesses as you enter the city from the west on Columbia Ave/ Route 462 and continue onto King Street.

Copper Cup Coffee has been open for several years now offering a variety of coffee beverages and lite fare in an indoor and outdoor setting. A block away to the North is the Prima Theatre, an independent and creative theatre company.

Continuing on Columbia into King Street are the Classy Crab, seafood wholesale and retail, followed by Reiker Bottle Works (offering a big selection of beers), across the street from the soon to be completed 551 Restaurant with its planned new roof top bar.

On Orange Street around the corner is the newly opened seasonal KC Italian Ice. These newer businesses join many other long lasting places on the west side of the City, including Jethro's Restaurant (still operating after years in the neighborhood), Luxe Salon and Spa, Valentino's Restaurant and Bar (technically in the Township) and of course, Gypsy Kitchen in the Refectory of the Seminary, a Downtowners favorite.

As always, I look forward to running into my fellow Downtowners out in the neighborhood. After all, we are all "Downtowners Around Town."

—ANDY BERFOND



What Would You Do?

Unattended Luggage

I was walking down West Orange Street along side the parking garage early one morning and always in tune to my surroundings, passed by something “out of the ordinary” worthy of a few seconds of contemplation.

There it was, wedged between two of the metal benches, a rather large suitcase with no one in sight who might belong to the suitcase. Like I said, I walked by, it caught my eye and I couldn’t help thinking about the announcement continuously made at all airports saying “do not leave luggage unattended.” That thought led me to another. We’ve heard it countless times. “If you see something, say something.”

So I gave it some more thought. What should I do about what I observed? I opted to do nothing and continued on my way. I’m writing about it though, perhaps out of guilt. Maybe I should have contacted the police, but I would be “involved” then. I would have to stick around but I had places to go.

Obviously we never had any “breaking news moment” about something happening on Orange Street because of a suitcase left behind. I’m only sharing this because of the realization we must always be aware of our surroundings and on top of our game regardless of where we are.

Would you have just walked by as I did?

—ANDY BERFOND



Upcoming events

Check the ["Events Calendar" tab](#) on the website for full details, this is an abbreviated summary.

Celebrity Bartending at Max's Eatery at 38 W. King Street, Lancaster: 5-8pm on Wednesday, August 21.

Take Me Out to the Ball Game September 2, 4:45-9pm.

Bus Tour: Delaware Art Museum & Costuming "The Crown" Saturday September 14, 2019, 8:15am-7:00pm.

On the Lighter Side (with a Foodie Influence)

Mmmmmmmmm....



Walking down Chestnut Street one morning, I passed by the Imperial Restaurant at the Holiday Inn. I had a great sensory experience with the smell of cooking bacon coming out of the exhaust fan and onto the street.

While I am sure this might be a test of strength for any vegetarians who might remember how tantalizing the smell of bacon can be, for those of us who appreciate well prepared pork products, especially those of the smoky or barbecue kind, I had the thought maybe that was the day to indulge in a big breakfast. (I used restraint; it never happened.)

When it comes to the preparation of bacon, there are varied opinions as to the best way to prepare it, whether it be for an accompaniment to breakfast or on a BLT sandwich. I prefer mine made on a griddle or large flat pan to a medium fry, allowing it to properly cook but not to the extent of a step before "baco chips." One thing I'm really against in the preparation of bacon is the urgent need to get it done quickly so it is submerged in a deep fryer. (Unfortunately, there are actually food establishments who do this, the telltale sign is the bacon curls up into a greasy mass). Aside from the double dose of cholesterol, this is a very lazy and unacceptable way to make bacon.

An alternative method to making good bacon is in the oven on a rack to allow excess fat to drain in a pan underneath. The thick slices of bacon available at Market stands are great prepared this way, perhaps brushed with some maple syrup. (Now I'm thinking French Toast)

One of my weaknesses is to be at a breakfast buffet and observe the large pan of bacon done just right, with the understanding I can go up there to take as much as I want to indulge myself. That's dangerous.

For any of my fellow Downtowners who are vegetarians, I apologize for writing about this. For the rest of you who might love bacon as much as I do, wouldn't you agree it can be a tease to our culinary senses?

—ANDY BERFOND

Health and Wellness

Stay active!

"Being more socially active in your 50s and 60s predicts a lower risk of developing dementia later on, finds a new University College London-led study." Read more on [this UCL study at Science Daily](#).

Just One Call (JOC)

(717) 584-1248

Downtowners can help provide peace of mind when you go on vacation or out of town for a few days. Just One Call member or trusted non-member volunteers will:

- Do the driving for you so you can arrive relaxed at the train station or Harrisburg airport (HIA), with no parking fees or long searches for scarce parking spaces,
- Keep your pets and plants alive and healthy in your absence,
- Manage your mail and/or newspapers so they don't pile up at your front door
- Move the garbage bins to the curb or similar homeowner tasks

Other tasks volunteers will do for you include:

- Provide transportation to appointments, shopping
- Help with technical support for smart phones, TVs as well as computers and networks
- Perform simple household repairs,
- Move boxes, A/C units, etc

Members do not pay for these services, but receive them as a benefit of membership in Lancaster Downtowners.

—JOHN KANAGY



New art book from Mimi Shapiro

See Mimi to order her latest creation of poetry and collage in a beautiful hand sewn book.

Thanks to our sponsors

Meals on Wheels —Bronze

***Carole Kirchner,
Realtor —Bronze***

Andy's Foodie Report

What's New

I've decided not to share my experience at any one particular restaurant this time. Instead I'd like to share my thoughts on just how many places there are to eat in the area, and how they just don't stop opening.

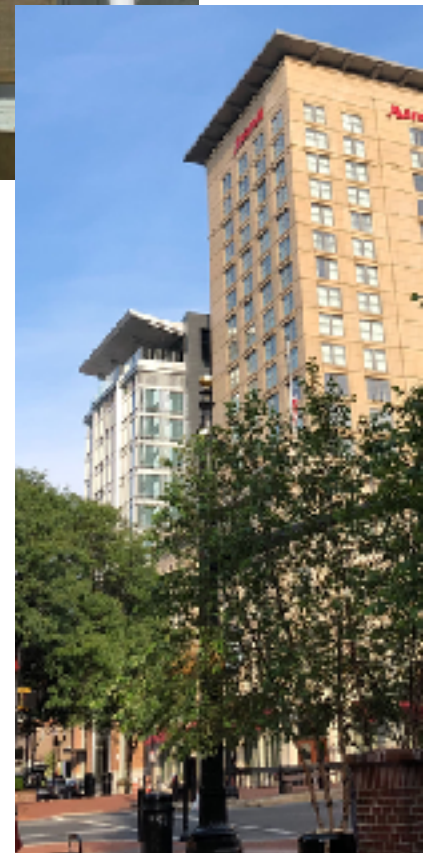
Most recently the Exchange opened atop the New Marriott Tower on King Street, and a few blocks west on King, Hubub World Market opened several months ago. Both of these places represent the diversity of our culinary scene as referenced in a recent article in the New York Times regarding our highly acclaimed foodie city.

I use both places as an example of how contrasting food businesses are just blocks apart from one another and that's only on King Street. I did get an opportunity to visit Hubub when they first opened and I look forward to experiencing the Exchange soon. I'm already hearing great reviews from people who have been there.

When I go out I'm always looking forward to the complete dining experience which includes not just creative, good food, but having it served well by the wait staff. I consider myself a critic of sorts, but in reality I'm just being a good consumer. I'm paying for an experience so I want it to be the complete experience. I also believe if the opportunity presents itself I will share the quality of my visit with staff, specifically management, with both positive and negative comments if necessary.

I'm going to admit to all of you now, I've written some Foodie articles that never went to print. All of my experiences have not been memorable ones. I've decided not to share with everyone at this time. I'm going to eventually give them a second shot, in anticipation of a better experience. In all honesty though, if you asked me personally where I didn't feel the love, I just might share it.

—ANDY BERFOND



Lancaster Symphony Orchestra **2019–2020 Season Classic Concert Series**
STEPHEN GUNZENHAUSER—MUSIC DIRECTOR

MUSICAL MILESTONES
 September 7, 2019, 3 and 8 pm
 Fulton Theatre

VERDI Overture to *Nabucco*
 PAGANINI Violin Concerto No. 1
 DVOŘÁK Symphony No. 7

Contemplations
 October 26, 2019, 3 and 8 pm
 Fulton Theatre

BEETHOVEN Symphony No. 8
 FORREST *Requiem for the Living*
 LSO Composer's Award



Subscriptions and Tickets: (717) 291-4420 or www.lancassistersymphony.org Monday through Friday, 9 am to 5 pm

Lancaster Symphony Orchestra Unveils 2019-2020 Concert Season!

It's a celebration! The new 2019-2020 concert season marks the 40th anniversary of Music Director, Stephen Gunzenhauser, with the Lancaster Symphony Orchestra!

The LSO season includes six Classic Concert weekends:

- **Classic Concert #1** – Musical Milestones (September 7, 2019)
- **Classic Concert #2** – Contemplations (October 26, 2019)
- **Classic Concert #3** – Provocative Passions (January 18, 2020)
- **Classic Concert #4** – Winter Romance (February 15, 2020)
- **Classic Concert #5** – Emperor (March 13 & 14, 2020)
- **Classic Concert #6** – Symphonic Celebration (May 16, 2020)

Times & Locations: The Symphony's #1, #2 & #4 Classic Concert Series concerts will be performed at the historic Fulton Theater at 12 North Prince Street in Downtown Lancaster. Classic Concert #5 will be performed at the Cultural Center at Willow Valley Communities at 900 Willow Valley Lakes Drive in Willow Street. Classic Concerts #3 & #6 will be performed in Clair Performance Hall, located in the Winter Visual and Performing Arts Center on the campus of Millersville University. The Symphony is grateful to these venues who are helping to expand the impact of music on all generations throughout Lancaster!

For more concert details

"I am very excited about the coming season. I have selected works that I know you will love and the works represent a musical profile of my tastes and offerings over the years."
– Stephen Gunzenhauser